

## Your Marriage and Prayer

Pray God's blessing over your marriage every day.

God wants you to have a good marriage. He knows what you need to have a good marriage. He is rooting for you and actively helping you. I believe wholeheartedly there is power in asking God for His blessings in your marital life. I believe He takes enormous joy both in your asking and in His answering. So, make a list of things you pray over your marriage every day. Here's a few suggestions to get you started:

**Pray for God's blessing** on your spouse, that God would give them grace, peace and love. Ask God to pour out every good thing He has on your spouse. Ask God to help you see your spouse the way He does.

**Pray for God's blessing** on your heart. Ask God to give you the gift of a faithful, compassionate, gentle heart toward your spouse. Pretty much everyone wishes they were a better husband/wife so ask God to make you that. Ask Him to form whatever character you know you need.

**Pray for God's blessing** on your marriage. Ask Him to keep you and your spouse safe from spiritual attack and temptation. Pray that God would drive back any attacks from an enemy who wants to destroy your marriage. Pray that God would disarm every attack and bring life, power, holiness and love to your marriage.

**Pray for God's blessing** on your passion, for Him to renew you and your spouse's attraction and excitement for each other. Ask Him to increase your emotional, spiritual and sexual intimacy beyond "anything you could ever ask or imagine."

**Pray for God's blessing** on the weaknesses in your marriage. Ask Him to show both you and your spouse where deep healing from past wounds needs to occur.

**Ask God** to make you and your spouse "one flesh" in a way that provides a small, fleeting glimpse of the oneness our God – who is three in one – experiences within His own nature.

These are just meant to be inspiration for your own prayers. The point is this: bring your marriage to God just as it is. Don't try to clean it up for Him – you can't! – just bring it to His feet like a little child with a broken, precious toy and say "daddy, can you fix this?" I'm convinced this is one of the most beautiful, powerful, restorative prayers you can ever pray. God's blessing on you and your marriage today.

Josh, from Thriving Marriages